

2022

DOSSIER FAGAL



FAGAL
FEDERACIÓN ALZHEÍMER GALICIA

**REPÚBLICA CHECA 52 STREET, 15707 SANTIAGO DE
COMPOSTELA**



www.fagal.org



fagal@fagal.org



981595121

FIND US TOO ON:



SUMMARY

2 DEMENTIAS IN GALICIA



3 WHAT IS GALICIAN ALZHEIMER FEDERATION?



5 LINES OF ACTION



6 WHAT DO WE DO?



7 SERVICES OFFERED BY OUR ASSOCIATIONS



8 NETWORK



9 CLAIMS OF THE FEDERATION



DEMENTIAS IN GALICIA



STATISTICAL DATA OF THE POPULATION IN GALICIA (IGE)

POPULATION

2020	2021
687.824	694.140



OLDER THAN 64 YEARS

2020	2021
687.824	694.140



PREVALENCE OF DEMENCES

70.000

**4 OUT OF 100 PEOPLE
HAVE DEMENTIA IN
GALICIA**

**15 OUT OF 100 PEOPLE OVER
64 YEARS OLD
HAVE DEMENTIA IN GALICIA**

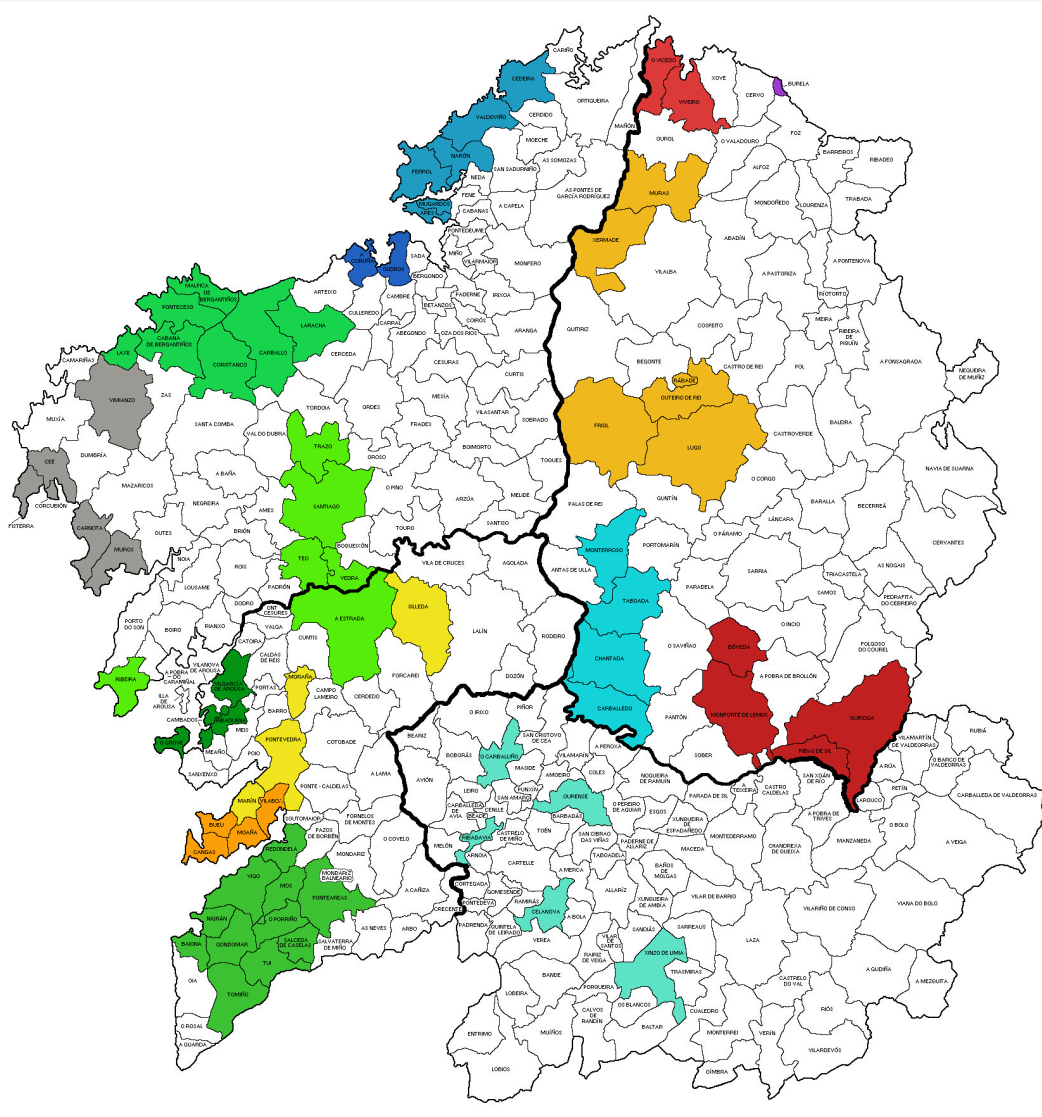
Aging is the main factor for the appearance of dementia, and demographic projections in Galicia for the next years make us anticipate an increase in people older than 65 years. This target will increase from the 23,15% to 41% in 2050 and, furthermore, it will be a general decline in population.

The National Statistics Institute in Spain (INE) expects that, by 2050, Galicia will have 1,762,249 inhabitants, of which 41% will be older than 65 years.

WHAT IS GALICIAN ALZHEIMER FEDERATION?

The Federation of Galician Associations of Relatives of Patients with Alzheimer and other dementias -Galician Alzheimer Federation- is a non-profit entity that has been born in 1998 from the union of different associations of Alzheimer and other dementia's relatives (AFAs) with the purpose of improving the lifestyle quality of the patients and their caregivers.

"Our mission is to generate changes in the society that improve the quality of life of people with dementias and his families".



IDENTITY SIGNS

Nowadays, FAGAL is the most important entity in Galicia in terms of Alzheimer's disease. This is due to the programs that it develops directly and due to the programs of the 15 associations that compose it. In this case, there are permanent programs in 28 regions in Galicia, what represents the 80% of the population.



MISSION

The target of the Galician Alzheimer Federation is to improve the life quality of the Alzheimer and other dementias' patients and the caregivers. To do that, the Federation works in fostering the Galician Association of relatives of patients of Alzheimer and other dementias (AFAs) and collaborating to make up changes in society in contribution to this people and their relatives.

VIEW

The Galician Alzheimer Federation aims to be a referent, strong, united and open entity to all the needs in the Alzheimer and other dementias' patients and all their caregivers to give an integral and close answer to them.

It also wants to promote the creation of resources and the development of clinical and social research.

VALUES

NETWORK

SOLIDARITY

SOCIAL COMMITMENT

DIGNITY

HONESTY AND EXCELLENCE

LINES OF ACTION



FAGAL has three lines of action:

1. Attention to associations: FAGAL gives technical support and works as a common thread of communication and coordination between associations.

2. Social incidence: the Federation bring the alzheimer's and the needs of this people and their families closer to society and public administrations.

3. Knowledge management: the Federation has training programs and research groups. Futhermore, it also creates manuals and other documents that works as a guide for professionals in the field of dementias.

WHAT DO WE DO?

Thanks to networking, many of the projects described below are carried out with the support of our 15 associations



ATTENTION TO FAMILIES

- Formation
- Advice



ATTENTION TO PEOPLE WITH DEMENTIA

- Attention in a day center
- Attention for people with cognitive impairment
- Attention in the rural
- Learning programs for new technologies
- Program for adaptations and technical aids



PROFESSIONALS

- Preparation of documents of interest (reports, guides...)
- Formation



SOCIAL COMMITMENT

- World Alzheimer's Day
- Intergenerational workshop
- Awareness and dissemination campaigns



ASSOCIATIVE STRENGTHENING

- Communication with administrations
- Report writing and knowledge management
- Participation in congresses and conferences

SERVICES OFFERED BY OUR ASSOCIATIONS

Here are the main services that our Afas develop

PEOPLE WITH ALZHEIMER

DAY CENTERS

COGNITIVE STIMULATION PROGRAM

PHYSIOTHERAPY

ADAPTED TRANSPORT

MEMORY AND EARLY DETECTION WORKSHOPS

TECHNICAL HELP

FAMILIES

HOME HELP SERVICE

LEGAL GUIDANCE

SELF HELP GROUPS

INFORMATION AND ADVICE ON SOCIAL RESOURCES

INDIVIDUAL PSYCHOLOGICAL ATTENTION

TRAINING FOR FAMILIES AND PROFESSIONALS

PEOPLE IN GENERAL

AWARENESS ACTIVITIES

INTERGENERATIONAL ACTIVITIES

FUNDRAISING CAMPAIGN



NETWORK

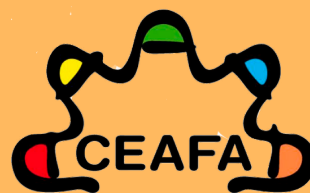
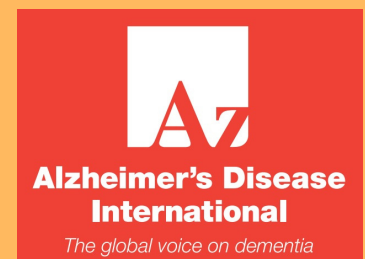
"Individually we are a drop of water, together an ocean"
Ryunosuke Satoro

To develop the objectives, FAGAL is a member of Spanish Confederation of Associations of Relative of Alzheimer's Patients and Other Dementias (CEAFA).

This Confederation is made by 19 autonomous federations which represent more than 800.000 families around the country.

Furthermore, FAGAL also is a member of the European Association of Alzheimer, International Association of Alzheimer and Iberoamerican Association of Alzheimer.

In order to the social transformation, the Federation is also member of sociale entities, like CERMI Galicia and EAPN Galicia.



CONFEDERACIÓN
ESPAÑOLA DE
ASOCIACIONES
DE FAMILIARES
DE PERSONAS CON

ALZHEIMER
Y OTRAS DEMENCIAS



CLAIMS OF GALICIAN ALZHEIMER FEDERATION

1. Prioritize Alzheimer in the health system.
2. Strategy for transversal care in dementias:
 - a. Development of programs focused on prevention and early detection, mild cognitive impairment and stimulation for people in early stages.
 - b. Recognize of non-pharmacological treatments in the public health system.
 - c. Training for families and professionals.
 - d. Creation of emergency protocols for citizen protection services.
3. Epidemiological studies
 - a. Real incident study of alzheimer and other dementias in Galicia
 - b. Preparation of the profile of alzheimer patient's family caregiver.
 - c. Making a Galician map of dementias.
4. Health care programs for caregivers.
5. Focus attention on the patient with alzheimer and their families.
6. Creation of specialized care networks in rural regions and in urban settings.
7. Promote clinical and social research in dementia.
8. Official recognition of the figure of the caregiver.
9. Prevention programs: active and healthy aging.
10. Greater political, institutional and economic support in the work of the AFAS.





Share this dossier with close people
This helps us become more visible



FAGAL
FEDERACIÓN ALZHEIMER GALICIA